

Name:

Email:

Address:

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Objective: To attend a community college and/or a four-year university to study psychology with the intent to be a clinical psychologist.

Education:

Cumulative GPA: 4.0 GPA (unweighted); Class Rank: #1

Advanced Classes: IB Jr. English HL, IB History HL, IB Math SL, Honors English

College Courses: Writing 121, Writing 122, History 201, History 202

Honors Diploma: To be awarded June 6, 2019

Foreign Language: 2 years Spanish

Accomplishments/Awards:

Academic Letter: (2016- Present), *Honor Roll* (2016-present)

Volleyball: Varsity (2016-Present), Honorable mention all-league (2018-2019)

Basketball: Varsity (2016-2019), 3rd Place State Championship Tournament (2018), Sportsmanship Award (2018)

Track and Field: Varsity (2016-Present)

Rotary Student of the Month: to recognize high school youth achievement in academics, school activities and community service (November 2019)

Extracurricular Activities/Leadership Development:

NHS Varsity Volleyball: (2016-present), *Team Captain* (2018-2019) {900 hrs}

NHS Varsity Basketball: (2016-2019) {1,500 hrs}

NHS Varsity Track and Field: (2016-present) {800 hrs}

JR. Prom Committee: Planned prom for the entire school {15 hrs}

Link Crew: Mentor for freshman and new students orientation program (2018-2019) {50hrs}

AVID Tutor: Advancement Via Individual Determination- A college readiness class for students overcoming a variety of obstacles (2018-present) {140 hrs}

Community Service/Volunteer:

Newport Marathon: Bringing water and support to marathon runners (2016-Present) {24 hrs}

Volleyball Cubby Camp: Helping 1st-8th grade students learn volleyball (2016-Present) {40 hrs}

Basketball Cubby Camp: Helping 1st-8th grade students learn basketball (2016-Present) {50 hrs}

Quilt Show: Set up the annual quilt show at the Newport Recreation Center (2017) {10 hours}

Storm Basketball Tournament: Run the clock and do book for middle school basketball tournaments (2016-2019) {35 hours}

State Track Tournament: Moved blocks and cones at the State Track Meet (2019) {10 hrs}

Middle School Track Meets: Officiate every home track meet (2016-Present) {100 hrs}

Tutoring: Helping peers with assignments and studying for tests (2016-Present) {250 hrs}

Work Experience:

Babysitting: Caretaker for two children 3-4 days a week in the summers (2018-Present) {400+ hrs}

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Objective: To graduate Newport High School with an honors diploma and attend a four-year university to pursue a career that would benefit children in the medical field.

Education:

Current Cumulative GPA: 3.93 (unweighted); **Class Rank:** #16

Advanced Classes: IB Biology HL, IB History HL, IB English HL, Theory of Knowledge, Math Analysis, IB Math SL

College Courses: Biology 101, Biology 102, History 201, History 202, Family Relations 222, Prenatal Infant and Toddler Development 225.

Honors Diploma: To be awarded June 6, 2020

Languages: 2 years Spanish

Accomplishments/Awards:

- **Academic Letter:** (2016-Present); *Honor Roll* (2016-Present)
- **National Honor Society:** (2017-Present)
- **Softball:** Varsity Letter (2017-Present), Most inspirational (2018), Team Captain (2019)
- **Leadership Award:** (2019) School-based award decided by leadership advisors and class.
- **Community Service Award:** (2019) School-based award given for service voted on by teachers.
- **Nemo Award:** Swimming Perseverance Award (2016-17)
- **Outstanding Contribution to the School:** (2018) School-based, staff voted award for contributions.
- **Rotary Student of the Month:** (October 2019) School-based award through local Rotary International Club

School-Based Activities:

- **Varsity NHS Softball Team:** (2017-Present) • 112 hrs/year
- **JV NHS Swim Team:** (2016-17) • 120 hrs
- **NHS Wrestling:** (2019-20) • 350 hrs
- **Native American Student Union:** Cultural education (2016-2019) • 1 hr/month
- **Athletic Intern:** Interning for the athletic director and athletic department • 10 hr/week (August 2016-June 2020)
 - Setting up and cleaning up athletic events at local facilities.
- **National Honor Society:** Volunteer and academics based club, (2017-Present) • 5 hrs/month
- **Jr. Optimist Club:** (2017-Present), Treasurer 2018, President 2019-20, community service • 15 hrs/month

Leadership Development/Community Service:

- **NHS Leadership:** (2017-Present) The governing body of NHS - ASB Secretary/Treasurer-2018-19, ASB Vice President 2019-20. • 10 hrs/week
- **Winter Ball Committee:** Committee Chair, dance planning to raise money for my senior class (2017-18) • 50 hrs
- **Prom Committee:** Committee Chair, planning/budgeting for prom and my senior class(2018-19) • 10 hrs/week
- **Link Crew:** Mentor for incoming freshman and new students (2017-Present)• 50 hrs
- **Community Service Committee:** Through NHS (2017-Present); Providing Thanksgiving and Easter meals for families in need, as well as Christmas gifts for children. • 5 hrs/week
- **Newport Marathon:** (Spring 2017); Providing water to athletes at stations • 5 hrs
- **Helping Middle School Cross Country:** (Fall 2018); directing runners • 2 hrs
- **Memorial Day Flags:** (2017-Present); Placing flags at the gravesites of veterans at our local cemetery • 10 hrs
- **Booster Auction:** (2017-19); Baking desserts to raise money for local athletics • 40 hrs

Work Experience:

- **J & J Coastal Electric:** (2018-2019); Electrical work/apprenticeship • 300 hrs
- **Childcare:** (2017-2019); Caring for three young children under the age of eight • 940 hrs
- **Claire's Baked Goods:** (2017-Present); Baking desserts for people, organizations, and events • 600 hrs

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Objective: Attend Oregon State University to pursue a pre-med degree.

Education: Cumulative GPA: 4.0 (Unweighted) Class Rank: #1

Advanced Courses: IB Biology HL, IB History of the Americas HL, IB 20th Century World History, IB Language and Literature, IB Senior English, IB Theory of Knowledge, Math Analysis, IB Math SL | **College Courses:** Biology 101/ 102, History 201/ 202, English 104

- Languages: Two Years Spanish

Accomplishments/Awards:

- Honors Diploma: To be awarded June 6, 2020
- OSAA 4A State Girls Basketball Participant; 3rd Place finish and 4A Team Sportsmanship Award (2019)
- National Honors Society (2017-2020)
- Honor Roll / Academic letter (2016-present)
- TAG; Talented and Gifted Program for exceptional students with evidence of high performance intellectually. Inducted in 2014.
- Newport High School Rotary Student of the Month for January 2020

Extracurricular Activities:

- NHS Track and Field (2017) - *250 hours
- NHS Varsity Volleyball (2017), JV Volleyball Member and Team Captain (2016-2017) - *500 hours
- NHS Varsity Basketball (2016 - present) - *1,000 hours
- National Honors Society (NHS); a club for selected students maintaining a 3.5 GPA and scholarship (academic achievement), leadership, service, and character (2017, 18, 19)
 - National Honors Society President; Upholding student members to the NHS standards (2019-2020) *100 hours
- International Club; Cross-cultural bonding between local students and foreign exchange students (2016-present)
- YoungLife Club; A non denominational christian youth organization (2016-present)
- Junior Optimist Club; A community service focused club serving students and our community (2016-2017)
- Beyond the Classroom Travel Club; traveled to London and France on an educational tour. (2019)
- Chess Club; A club to further develop one's skills in the game of chess (2016-2017)
- Class Offices Held: Freshman Class Vice President (2016-2017), Sophomore Class President (2017-2018), Junior Class President (2018-2019), Senior Class Vice President (2019-2020)
- Unified Club; Integrating students with learning disabilities with the rest of the student body in an inclusive way.
- Unified Basketball; Playing on a basketball team with children and adults with intellectual disabilities.

Community Service/ Leadership Development:

- Summer Work Crew; Served teenagers from the US and abroad at a YoungLife camp in Antelope, OR (2019) - *528 hours
- Weekend Work Crew; Served families at a YoungLife camp in Antelope, OR (2019) - *96 hours
- YoungLife Annual Community Banquet; Serving food to community members (2017, 18,19) - *36 hours
- Youth Development Volunteering: Cubby Preschool Student Teacher for preschoolers (2018-2019) - *180 hours, Youth Basketball Camp; helping youth (elementary/ middle school) develop their basketball skills (2017, 18) - *40 hours, Cubby Camp; volleyball youth program elementary-middle school (2016, 17) - *25 hours, Sam Case Leadership; helping leadership students 3rd-5th grade at our local elementary school develop their leadership skills as well as complete community service projects with them. (2018-19) - *32 hours, Student Panel; on a panel for incoming freshman to receive highschool advice (2019) - *2 hours, Newport Middle School Volleyball Coaching (2018) - *3 hours, Vision Screening; tested eyesight for children grades K-5 (2017, 18) - *10 hours
- Newport Chamber of Commerce Annual Banquet; helped cashier bidding packets for community bidders (2017) - *5 hours
- Storm Basketball Tournament; scoreboard and book official (2016, 17, 18, 19) - *55 hours
- Newport Marathon Volunteer; Handed out waters for participants in the Newport marathon. (2016-present) - *40 hours
- Blood Drive Volunteer; Providing assistance for community members after they donated blood (2016, 2017, 2018, 2019) - *12 hours
- Book Reviewer; Read and reviewed novels for local authors in our school library (2018-2019) - *20 hours
- Leadership Class; The governing body of Newport High School. Leads and organizes school and community activities. (2016-2020)
 - Community Service Committee Chairman; (2017-present)
 - Created Thanksgiving and Christmas dinner baskets for disadvantaged families. -*40 hours
 - Created Easter baskets for children in disadvantaged families. -*15 hours
 - Sam Case Outreach Committee Chairman; Volunteered at our local elementary school (2018-2019) -*50 hours
 - Winter Ball Committee President; Planning and organizing a school wide dance (2017-18) - *15 hours
 - Homecoming; planning spirit weeks, organizing a bonfire, the set up and take down of a dance (2016, 17, 18, 19) - *40 hours
 - Youth Leadership Summit conference partnered with Oregon Unified Schools
- Prom Committee President; Planning and organizing prom (2018-19) - *23 hours
- Link Crew; A mentoring program for new students and freshmen to high school (2018, 2019) - *50 hours
- Newport WyldLife Student Leader; Leading middle schoolers in a non denominational youth organization (2017-present) - *60 hours
- Oregon Impact Mock Crash; an educational opportunity to demonstrate the effects of intoxicants and driving for youth. An assembly was held to represent a mock crash with professional police and medical personnel on scene to portray the event. (2019) - *12 hours

Work Experience:

- Referee; basketball and volleyball referee at Newport Recreation Center (2016-19) *125 hours
- Rundell Inc.; completed work in an office for a company doing paperwork, time cards, and shredding (2017-18) - *40 hours
- Child Care (2016-present) - *500 hours

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Objective: Attend a 4 year University, acquire a degree in criminal justice

Education:

- **Honors Diploma** to be awarded June 6, 2020 **GPA: 4.0** (unweighted)
- **Advanced Classes:** International Baccalaureate (IB) Math (2019/20), Physics (2019/20), IB Twentieth Century World History (2019/20), IB English (2018-Present), IB History of the Americas (2018/19), Math Analysis (2018/19), Advanced English (2016-2018)

Awards/Accomplishments:

- **Academic Letter** (2016-Present)
- **Honor Roll** (2016-Present)
- **National Honor Society** (2018-Present)
- **Editor-In-Chief** *Harbor Light* Newspaper (2019/20)
- **Varsity Football Letter** (2019)
- **Varsity Track & Field Letter** (2018-2020)

Extra-Curriculars:

- **Track and Field** (2017- Present) Varsity (2019-2020), JV (2017-2018) (750 hours)
- **Journalism** (2018-Present) Worked as a writer, copy editor, and editor-in-chief for a student-run school newspaper, the *Harbor Light* (530 hours)
- **Football** (2016, 2019) Varsity (2019), JV (2016) (240 hours)
- **Writing Club** (2016) Helped other students write and polish essays and written works (70 hours)
- **Link Crew** (2019) Introduced new students to Newport High School, led them on campus tours and introduced them to the staff (25 hours)

Community Service/Activities:

- **PAADA (Partnership Against Alcohol and Drug Abuse) Youth Representative** (2017-2020) Provided a youth perspective to a board of community members dedicated to reducing drug and alcohol abuse in Lincoln County (78 hours)
- **Project Homeless Connect** (2017-2019) Helped provide homeless members of the community with resources to improve their lives (48 hours)
- **Youth Justice Panel Member** (2018-2020) Acted on a panel of youths using restorative justice to help troubled teens(33 hours)

Employment History:

- **Dave's Carpet Cleaning**, Salt Lake City, UT (2016-2018) Carpet cleaner (340 hours)
- **Shell Gas Station**, Newport, OR (2019) Part time fuel pump attendant (220 hrs)